

Fall 2022 UpStart Projects UpTurnships Training Calendar

Use this agenda to know what is coming up, any pre-work that needs to be completed, and as a guide of what UpTurns are learning each training day. Completing all pre-work assigned & attendance at all training is required by UpTurns. Coaches will attend on all highlighted days for training.

By the end of the program, UpTurns will...

- Have an updated LinkedIn profile & understand how to use it effectively
- Have an updated resume & can answer interview questions well
- Have learned more about themselves & their career path
- Know how to secure their next employment opportunity
- Learn the value/importance of networking with professionals

UpStart Projects Training Calendar

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Training #1 9/13/2022 3:00-5:00PM	<p>Pre-Work:</p> <ul style="list-style-type: none"> • Complete the Pre-Survey • Sign all permission forms • Register for Rise • Rise Module - Navigating Remote Work & Being a Strong Employee <hr/> <p>Goals/Topics:</p> <ul style="list-style-type: none"> • Welcome & Setting Expectations • Goal Setting • Unwritten Rules of Being a Strong Employee
Training #2 9/20/2022 3:00-5:00PM	<p>Pre-Work:</p> <ul style="list-style-type: none"> • Research your coach • Review your job description • Rise Module - Managing Multiple Priorities <hr/> <p>Goals/Topics:</p> <ul style="list-style-type: none"> • Meet Your Program Coach • Prepare for Projects • Business Communication • Managing Multiple Priorities
Training #3 9/27/2022 3:00-5:00PM	<p>Pre-Work:</p> <ul style="list-style-type: none"> • Rise Module - CliftonStrengths Top 5 • Complete CliftonStrengths Assessment <hr/> <p>Goals/Topics:</p> <ul style="list-style-type: none"> • Learning About Your Strengths • Using Strengths in a Team Setting

Training #4 10/4/2022 3:00-5:00PM	Pre-Work: <ul style="list-style-type: none"> • Complete Reflection Guide
	Goals/Topics: <ul style="list-style-type: none"> • Reflecting on Goals & Project • Identity & The Workplace
Training #5 10/11/2022 3:00-5:00PM	Pre-Work: <ul style="list-style-type: none"> • Rise Module - Crafting a Strong LinkedIn Profile
	Goals/Topics: <ul style="list-style-type: none"> • Introduction to Networking • LinkedIn 101: Building Your Profile • Uses of LinkedIn
Training #6 10/18/2022 3:00-5:00PM	Pre-Work: <ul style="list-style-type: none"> • Rise Module - Networking 101
	Goals/Topics: <ul style="list-style-type: none"> • Continue to Develop Your Networking Skills • Practice Networking with Peers and Coaches
Training #7 10/25/2022 3:00-5:00PM	Goals/Topics: <ul style="list-style-type: none"> • Credit Basics • Intro to Wealth Building
Training #8 11/1/2022 3:00-5:00PM	Pre-Work: <ul style="list-style-type: none"> • Complete Reflection Guide
	Goals/Topics: <ul style="list-style-type: none"> • Updating Your Resumes • Interviewing Skills & Best Practices
Training #9 11/8/2022 3:30-5:00PM	Pre-Work: <ul style="list-style-type: none"> • Research Professional Panelists
	Goals/Topics: <ul style="list-style-type: none"> • Career Pathways & Work Values Assessment • Panels with Professionals
Training #10 11/15/2022 3:30-5:00PM	Goals/Topics: <ul style="list-style-type: none"> • Finding Your Next Opportunity • Networking or Interview Practice w/ Program Coach